

Year	Award	Time
1983	Terry Turner Award	2:36:56
1985	Terry Turner Award	2:38:02
1986	Terry Turner Award	2:43:32
1987	Terry Turner Award	2:44:21
1990	Terry Turner Award	2:51:33

Best Race Times recorded in FootPrints (1985 - 1991):

<b>1/2 marathon</b>	1:11:52
<b>10 mile</b>	0:53:24
<b>10K</b>	0:32:17
<b>2 mile</b>	0:10:10
<b>25K</b>	1:27:25
<b>3 mile</b>	0:15:30
<b>30K</b>	1:47:31
<b>4 mile</b>	0:20:42
<b>5 mile</b>	0:27:18
<b>5K</b>	0:15:32
<b>5K Open</b>	0:16:03
<b>Marathon</b>	2:39:22