

*Louisiana Pizza Kitchen Uptown's*

# **Eat My Crust 5K Run**

*Benefiting the NO/AIDS Task Force*

**Sunday, March 25, 2011 - 8:30am**

**Location:** Louisiana Pizza Kitchen Uptown, 615 S. Carrollton Ave. at the corner of St. Charles Ave.

**Race Course:** Will begin and end on the levee at the S. Carrollton Ave. intersection with a turnaround near Ochsner Hospital. **This is a course measured by the Road Runners Club of America.**

**Registration:** Will be at Louisiana Pizza Kitchen Uptown anytime leading up to the morning of the race. You can register during business hours using **cash, checks made out to NO/AIDS Task Force or by credit card.**

Registration is \$25.00 which includes a commemorative race item and admission to the post race party.

A \$20.00 no commemorative race item registration is also available.

**Race Items:** Each participant will be given a commemorative race item with logo designed by local artist Simon Hardeveld. If we have more runners than items, we will reorder more which can be picked up at LPK Uptown on the specified date.

**Awards:** **Top Male and Female each receive a \$100 gift certificate donated by Varsity Sports.**

Top 3 Male and Female, Top Male and Female Master, Top Male and Female Grandmaster, Top Male and Female Racewalker, Top Male and Female LPK past or current employee.

**Pizza inspired costumes are encouraged.**

**Post race party includes a full buffet catered by Louisiana Pizza Kitchen Uptown and beer and beverages donated by Glazer Companies of Louisiana and Coca-Cola.**

**So don't leave early!**

Also, **dozens of door prizes** will be raffled off during the after party. Tickets for door prizes are being sold for \$1 and the winner need not be present at the drawing. **A grand prize raffle of an \$850 value liquor tasting party at your home for 20-25 people** has also been generously donated by **Glazer Companies of Louisiana.** Tickets for the grand prize are being sold for \$5 and the winner need not be present at the drawing.

For additional information: LPK Uptown (504)866-5900 or Rob Gerhart (504)237-0050

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Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Racewalker \_\_\_\_\_

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Louisiana Pizza Kitchen Uptown (Bayou Pizza, Inc.), NO/AIDS Task Force, the East Jefferson and Orleans Levee district and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant or Guardian if under 18 \_\_\_\_\_ Date \_\_\_\_\_

Thanks to our sponsors...Glazer Companies of Louisiana \* Varsity Sports \*

\* Gordon's of Metairie \* Road Runners Club of America \*