

# Great St. Charles Avenue Roadrace

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Sunday, March 21, 2010

1/2 Mile and 5K Races

New Orleans, Louisiana

## Highlights:

- \*Run on picturesque St. Charles Avenue (the original "St. Charles Avenue Race" )
  - \*Featuring t-shirt artwork by New Orleans artist **TUNA SEITHER**
  - \*Sponsored by the De La Salle High School Alumni Association
  - \*Post race festivities in conjunction with school fair including Live bands.
  - \***NOTC Grand Prix Series Race**
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DATE: Sunday, March 21, 2010

## TIME:

7:30AM: Race Day Registration/Packet Pickup opens  
8:30AM: Start of 1/2 mile run/walk  
9:00AM: Start of 5K run/walk

## PLACE:

Front of De La Salle High School, 5300 St. Charles Avenue (near intersection with Jefferson Avenue) in New Orleans

COURSE: Run on picturesque St. Charles Avenue.

## ENTRY FEES:

(payable by check or credit card only to: NOTC)  
\$20.00 Pre-Registered by March 15, 2010  
\$25.00 Registered after March 15<sup>th</sup> and day of race  
\$10.00 De La Salle student entry fee (registered at school only)

## PRE-REGISTRATION LOCATIONS:

In person payable by check or credit card only at:  
Phidippides Sports, 6601 Veterans Blvd., Metairie  
GNO Cyclery, 1426 S. Carrollton Avenue, New Orleans  
Sneaker Shop, 904 Harrison Ave., New Orleans  
GNO Tri Sports, 7306 Lakeshore Drive, New Orleans  
Varsity Sports, 2021 Claiborne Str., Mandeville  
Bicycle Connection, 3236 N. Arnoult, Metairie  
West Jefferson Fitness Centers, 175 Hector Avenue,  
Terrytown and 1121 Medical Center Blvd, Marrero  
Runner's Choice, 4700 Hwy 22, Mandeville

## PRE-REGISTRATION BY MAIL or FAX :

(Postmark or Fax deadline is March 13, 2010)  
NOTC, P. O. Box 52003, New Orleans, La. 70152-2003  
Fax to : 504-469-9268 (fax entries payable by credit card only)  
\*Please pickup race number and t-shirt on the day of race

## Race Information: New Orleans Track Club

Phone: 504-467-8626, E-Mail: [NOTC@runNOTC.org](mailto:NOTC@runNOTC.org)  
NOTC Website: [www.runNOTC.org](http://www.runNOTC.org), Fax: 504-469-9268  
Volunteers please call: 504-468-1488

*(Race day volunteers are needed!!)*

## PRE-REGISTRATION ON-LINE:

Entry form is posted on NOTC website at [www.runNOTC.org](http://www.runNOTC.org), please use online link on form.

## T-SHIRTS:

Spectacular artwork by New Orleans's artist **TUNA SEITHER** is featured on the commemorative race t-shirts.  
Some of Tuna's famous works include several Crescent City Classic race posters. Please pre-register to pickup your shirt on the day of race. Pickup prior to start time at t-shirt booth. All day of race entrants may begin pickup after start of 5K. Should supplies run out, details as to reorder and pickup location will be announced. Please keep official race number/t-shirt tab until claiming t-shirt.

## AWARDS: 1/2 mile

1<sup>st</sup> overall male and female  
1<sup>st</sup>, 2<sup>nd</sup> place in age groups 6-under, 7-9, 10-12, 13-14, 15-17, 18-over

## AWARDS: 5K

1<sup>st</sup> overall open, masters, grand masters, seniors  
1<sup>st</sup>, 2<sup>nd</sup> place in age groups 10-under thru 80 and over  
Race Walkers: Top 5 overall male and female

## Post Race Festivities and Refreshments:

Refreshments sponsored by:  
Kentwood Springs Water, Bud Light Beer, Michelob Ultra Beer, Coca-Cola, Elmer's Chee Wees, Bananas and Jambalaya.  
In conjunction with the De La Salle High School Fair  
Featuring several live bands on stage following the race.

## Race Administered by the:

New Orleans Track Club, Inc. a member of the Road Runners Club of America (RRCA) and USATF.  
Race Director: Chuck George, NOTC  
Race Chairman: Randy Martin, De La Salle Alumni

For your safety and the safety of others and to better enjoy the race, the NOTC discourages the use of headphones during the running or walking of the event

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