

UNITED WAY OF ST. CHARLES  
**"Little Bridge Run" 1/2 Mile**

**Saturday, April 10, 2010 \*Luling, Louisiana \* 1/2 Mile Kids Run/Walk**  
**1/2 Mile race begins immediately following the finish of the 5K Bridge Run**

**\*NOTC Grand Prix Series Race                      \*Ribbons to all finishers                      \* \$5.00 Entry fee. !!**  
**\* Special Edition "Kids 1/2 Mile run/walk t-shirts**  
**\*Course out and back from 5K Finish line to middle of railroad overpass (Little Bridge!)**  
**Limited to ages 14 and under**

**DATE:** Saturday, April 10, 2010

**TIME:**

7:30AM: Registration for 1/2 mile (only) is available at the NOTC registration table inside the West bank Bridge Park.

9:45AM: Start (\*Approximate start of 1/2 mile pending completion of runners on 5K course)

**PLACE:**

Start and Finish: West Bank Bridge Park, Luling

**Directions:** Via I-310

West Bank Bridge Park (Luling) cross the bridge take first exit on bridge to ground level, bridge park is at intersection with River Road.

**Bridge Crossing Access:**

Access to bridge to cross to West Bank Bridge Park is closed during the 5K race (8:00AM till @ 9:15AM) Please plan your schedule to arrive on time at Westbank Bridge Park for registration in 1/2 mile race. There Registration for the 1/2 mile at the East Bank Bridge Park is not available.

**Important registration information:**

Entrants to the 1/2 mile "Little Bridge Run" may not participate in the 5K Bridge Run with the same race registration. However, if registered for the 5K, you may also participate in the 1/2 mile race. (1/2 mile race is limited to ages 14-under)

\* Participants in the 5K with 1/2 mile numbers will be disqualified from both races.

**ENTRY FEES: \$5.00 (Kids 1/2 Mile Run only)**

(payable by check or credit card only to: NOTC (Includes official race t-shirt and finishers ribbon!)

**PRE-REGISTRATION LOCATIONS:**

In person payable by check or credit card only at:

United Way of St. Charles, 13027 River Road, Luling  
The Fitness Club, 1317 Hwy 90, Boutte  
Phidippides Sports, 6601 Veterans Blvd., Metairie  
GNO Cyclery, 1426 S. Carrollton Avenue, New Orleans  
Sneaker Shop, 904 Harrison Ave., New Orleans  
Varsity Sports, 2021 Claiborne Str., Mandeville  
GNO Tri Sports, 7306 Lakeshore Drive, New Orleans  
Bicycle Connection, 3236 N. Arnoult, Metairie  
West Jefferson Fitness Centers, 175 Hector Avenue, Terrytown and 1121 Medical Center Blvd, Marrero  
Runner's Choice, 4700 Hwy 22, Mandeville  
Perfectly Fit Sports, 303 W. Minnesota Ave., Hammond

**PRE-REGISTRATION BY MAIL:**

(Postmarked by April 2nd)

NOTC, P. O. Box 52003, New Orleans, La. 70152-2003

\*Pickup race number/packet at packet pickup or on day of race

**PRE-REGISTRATION BY FAX: (Deadline April 5<sup>th</sup>)**

Fax to: 504-469-9268, fax entries payable by credit card only

Please fax in signup section only, not the entire form. Format to fit on one page maximum 8-1/2 x 11. Please print clearly

**PRE-REGISTRATION ON-LINE:**

Entry form is posted on NOTC website at [www.runNOTC.org](http://www.runNOTC.org), please read form and use online link on form.

\*No online service charge for Kids 1/2 mile run

**Packet Pickup and Late Registration info:**

Pre-race packet pickup and late registration will be available on Friday, April 9th from 5PM to 7PM at the West Bank Bridge park (Luling) Registration.

Day of race registration and packet pickup begins at 7:30AM at the West Bank Bridge Park (Luling)

**T-shirts: Kids 1/2 mile Little Bridge Run**

Commemorative t-shirts will be given out at the Pre-race packet pickup event and on the day of race at the Westbank Bridge Park. Please keep race number/t-shirt tab until claiming t-shirt.

**Awards: Commemorative ribbons to all finishers**

**Post race activities and Refreshments:**

Plenty of activities for families and children.

Music by "Typikal Reasons" band on stage.

Food and refreshments courtesy of

Cytec Jambalaya (the best!)

Michelob Ultra Beer, Kentwood Springs Water, Pepsi

**Race Administered by the:**

New Orleans Track Club, Inc. a member of the Road Runners Club of America (RRCA) and USATF.

Race Chairman: John Dias, United Way of St. Charles

Race Director: Chuck George, NOTC

**Race Information:**

Phone: 504-467-8626 (NOTC)

or the United Way of St. Charles at 985-331-9063

E-Mail: [NOTC@runNOTC.org](mailto:NOTC@runNOTC.org)

Website: [www.runNOTC.org](http://www.runNOTC.org)

Fax: 504-469-9268

Volunteers please call: 504-468-1488