

24<sup>th</sup> Annual

# ELMWOOD CLASSIC

1/2 Mile, 5K and 10K Races, Elmwood, Louisiana Sunday, February 21, 2010

featuring

\*Harahan Rotary Club food festival

\*USATF certified 5K and 10K courses

\*Over \$3000.00 in prize money available

\* Long Sleeve t-shirts

\* Crescent City Classic 10K Qualifier

\* NOTC "2010" Grand Prix Series "Kickoff" race

*\* Benefiting the Harahan Rotary Club Scholarship Foundation*

**DATE:** Sunday, February 21, 2010

**TIME:**

7:00AM: Race day registration and packet pickup opens

8:00AM: Start of 1/2 mile race

8:15AM: Start of 5K Race

9:00AM: Start of 10K Race

**PLACE and Directions:**

The Elmwood Center, 1200 South Clearview Parkway, Elmwood, La.

Directions: (from I-10), exit onto South Clearview Parkway, continue southbound, the Elmwood Center is on your right 1 mile south of Airline Drive intersection.

**ENTRY FEES:**

(payable by check or credit card only to: NOTC

\$22.00 Pre-Registered by Feb 15th

\$20.00 Pre-Registered NOTC members by Feb 15th

\$15.00 Pre-Registered Youth (age 17 & under) by Feb 15th

\$15.00 Pre-Registered Seniors (65-over) by Feb 15<sup>th</sup>

\$25.00 Registered after Feb 15th and on day of race

\$20.00 Registered after Feb 15<sup>th</sup> and day of race (Youth/Seniors)

**PRE-REGISTRATION LOCATIONS:**

In person payable by check or credit card only at:  
Phidippides Sports, 6601 Veterans Blvd., Metairie  
GNO Cyclery, 1426 S. Carrollton Avenue, New Orleans  
Sneaker Shop, 904 Harrison Ave., New Orleans  
Varsity Sports, 2021 Claiborne Str., Mandeville  
Bicycle Connection, 3236 N. Arnoult, Metairie  
West Jefferson Fitness Centers, 175 Hector Avenue,  
Terrytown and 1121 Medical Center Blvd, Marrero  
Runner's Choice, 4700 Hwy 22, Mandeville  
GNO Tri Sports, 7306 Lakeshore Dr., New Orleans

**PRE-REGISTRATION BY MAIL:** (Postmarked by Feb 13<sup>th</sup>)

NOTC, P. O. Box 52003, New Orleans, La. 70152-2003

\*Pickup race number/packet on day of race

**PRE-REGISTRATION BY FAX:** (Deadline Feb 15th)

Fax to: 504-469-9268, fax entries payable by credit card only

Please fax in signup section only, not the entire form. Format to fit on one page maximum 8-1/2 x 11. Please print clearly

**PRE-REGISTRATION ON-LINE:**

Entry form is posted on NOTC website at [www.runNOTC.org](http://www.runNOTC.org) please read form and use link provided.

**Elmwood Classic T-SHIRTS:**

24th Annual Elmwood Classic long sleeve t-shirts will be given out to pre-registered entrants on the day of race prior to the 10K race start time. All race day entrants may begin pickup of their shirt after that time. Should supplies run out, details as to reorder and pickup locations will be announced. Please keep official race number/t-shirt tab until claiming t-shirt.

**AWARDS:**

**1/2 Mile Race:**

1<sup>st</sup> overall male and female and 1<sup>st</sup>, 2<sup>nd</sup> place in age groups 8-under, 9-10, 11-12, 13-14

**5K Race:**

1<sup>st</sup> overall open, masters, grandmasters, seniors

1<sup>st</sup> and 2<sup>nd</sup> place in age groups: 10-under thru 75 and over

**10K Race:**

1<sup>st</sup> overall open, masters, grand masters, seniors,

1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place in age groups 10-under thru 75 and over.

**Race Walkers:** 1<sup>st</sup> thru 5<sup>th</sup> place in 5K and 10K races.

**Elmwood Classic Prize Money awards Divisions**

\*10K course record bonus of \$1000.00 to the winning male or female finisher breaking the course record.

Male 10K record: 29:42 (Muriuki Ngatia, 1989)

Female 10K record: 34:26 (Lisa Reed Presedo, 1992)

**10K Prize Money Awards:**

\$200.00 1<sup>st</sup> overall male and female

\$150.00 2<sup>nd</sup> overall male and female

\$100.00 3<sup>rd</sup> overall male and female

\$100.00 1<sup>st</sup> masters male and female

**Post race activities and Refreshments:**

The Harahan Rotary Club presents a post race food and beverage festival. Red beans and rice, homemade chili, fried fish, jambalaya, coca-cola, Lite Beer by Miller, Elmer's Chee Wees, Kentwood Springs Water, Gatorade, bananas.

Music by DJ Greg Dumas, the original party machine

**Race Administered by the:**

New Orleans Track Club, Inc. a member of the Road Runners Club of America (RRCA) and USATF.

Race Chairman: Randy Martin, Harahan Rotary Club

Race Director: Chuck George, NOTC

**Race Information:**

Phone: 504-467-8626

E-Mail: [NOTC@runNOTC.org](mailto:NOTC@runNOTC.org)

Website: [www.runNOTC.org](http://www.runNOTC.org)

Fax: 504-469-9268

Volunteers please call: 504-468-1488