

**“20<sup>TH</sup> ANNUAL “**

# **“FREE FOR ALL SUMMER SERIES”**

**2 Mile Run/Walk City Park, New Orleans, Louisiana**

**Free Hosted by the New Orleans Track Club.....Free**

**Benefiting City Park: A donation box will be placed out at each race. All donations will be given to City Park and dedicated to improvements and maintenance related to runners and walkers. Please consider the importance and beauty of City Park by making a donation at each race.**

**The NOTC will match all donated funds up to \$1000.00**

**DATES & TIME: All races are on Thursdays at 7:06PM) Distance: 2 miles  
June 5, June 19, July 10, July 17, July 31**

**LOCATION: The Peristyle in City Park on Dreyfous Drive.**

**ENTRY FEES: FREE (No entry fee for all entrants)**

**REGISTRATION: On day of race. All participants are required to fill out an entry form.**

**REFRESHMENTS: Kentwood Spring Water, Elmer's Chee-Wees, Pepsi, Diet Pepsi, Sierra Mist  
Cold Beer, Bananas, Gatorade.**

**Sound system and lighting courtesy of Timed Sports Systems.**

**Free For All 2008 Series BEER Sponsors: *Thanks for your Support!!***

<b>June 5:</b>	<b>Team SpotTees Heavy Rollers The 5:20 Club</b>	<b>July 17</b>	<b>River Road Runners Tchoupitoulas Barathon Catch 22 Track Club</b>
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<b>June 19</b>	<b>Metairie Runners 15<sup>th</sup> Street Flyers The Bottle Trotters</b>	<b>July 31</b>	<b>Guido Sportif Hash House Harriers Chalmette Track Club</b>
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<b>July 10</b>	<b>Bestbank Track Club GNO Tri Club Team Nice Ass</b>	<b><u>Refreshment Sponsors:</u> Kentwood Spring Water Pepsi, Diet Pepsi, Sierra Mist Gatorade, Elmer's Chee-Wees</b>
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**The Free For All Summer Series is sponsored and produced by the New Orleans Track Club. The “NOTC” is the largest and “best” running and walking club in Louisiana. The series would not be possible without the support of the members of the NOTC and the sponsors/organizations listed on this form. Consider supporting quality running and walking in your community by becoming a member of the NOTC. Pickup a membership form at the race or by visiting our website or by calling the NOTC office. \*Please consider bringing a donation for the City Park donation box at each race.!**

New Orleans Track Club, Inc. Phone: 504-467-8626, Fax 504-469-9268, Volunteers 504-468-1488 (Volunteers are needed for this race series.!)  
**Website:** [www.runNOTC.org](http://www.runNOTC.org) **E-mail:** [NOTC@runNOTC.org](mailto:NOTC@runNOTC.org) Race Director: Chuck George