

THE FROSTY 2 MILE RUN/WALK

DATE/TIME: Wednesday, June 25, 2008

- > 6:00 PM - Race Day Registration
- > 7:00 PM - Start of 2 Mile

PLACE:

City Park Peristyle Pavilion , Dreyfus Drive, New Orleans, LA

ENTRY FEES: (Payable to: Johnny Frost)

\$10.00

FORMS AVAILABLE AT VARIOUS RUNNING & FITNESS SPECIALTY STORES:

- > Phidippides, 6601 Veterans Blvd, Metairie, LA
- > Sneaker Shop, 904 Harrison Ave, New Orleans, LA
- > GNO Cyclery-1425 S. Carrollton, New Orleans, LA
- > Bayou Bicycles, 3534 Toulouse St., New Orleans,
- > Southern Runner Sports, 6112 Magazine Street, New Orleans, LA

PRE-REGISTRATION BY MAIL: (postmarked by 06/20/08)

THE FROSTY RUN, 1212 Hesper Ave., Metairie, LA. 70005

** Pickup race number on day of race at "Mailed-In" table.

AWARDS:

Various Awards & Random Awards

REFRESHMENTS:

Food, Fruit, Beer, Soft Drinks, Water

SPONSORS: FRIENDS OF JOHNNY & CLAUDIA



HASH HOUSE HARRIERS

* Red Dress Optional *



EUSTIS
Metairie, Louisiana
Lafayette, Louisiana
Gulfport, Mississippi

Help Support Johnny Frost's Fight Against Pancreatic Cancer!

Johnny Frost has pancreatic cancer. It is not operable and standard chemotherapy is not effective. After a trip to M.D. Anderson, an alternate course of chemotherapy was prescribed. Johnny and his wife, Claudia, believe the only "real hope" for a cure will be divine healing from God or a miracle through doctors and the rest of the medical field. Periodic CAT scans will be necessary to check for "progress" and treatments will be adjusted along the way. Johnny says he is currently not able to work, but his employer, Eustis Engineering, is being very supportive.

Johnny began running in November 1983 to help someone train for the Y.M.C.A. Corporate Cup. He has run many races (1 to 100 miles) including several marathons and ultra marathons. He runs because he enjoys it and always thought his ability to run far and well was a talent from God.

He is a long time member of several running clubs/groups including New Orleans Track Club, Greater New Orleans Running Association, Chalmette Track Club, Spot-Tees, Guido, and both the New Orleans and Baton Rouge Hash House Harriers. He has been on the Crescent City Classic 10K Committee for over three years. Recently, Johnny and Claudia were adopted into the Metairie Runners. Johnny said he has many individuals to thank for making him feel special and welcome. He values that deeply.

Johnny has been married to Claudia Trapani for nearly four years now. They met through mutual church activities. He feels she is a tremendous blessing to his life, especially at a time like this. He has two married daughters, Ashley Vogel and Brigitte MacAdams. Ashley has given Johnny three grandsons, Gabe, Juda, and Isaiah. Brigitte is expecting to deliver his fourth grandson in mid-September.

RACE ADMINISTERED BY: Friends / Co-workers of Johnny Frost ♦ **RACE DIRECTOR:** Mayo Emory

RACE INFORMATION: 504-828-7417; EMAIL: mavoemory@yahoo.com ♦ **VOLUNTEERS:** 504-468-1488; EMAIL: chucknotc@cox.net

CHECKS OR MONEY ORDERS PAYABLE TO: JOHNNY FROST

- \$10.00 REGISTRATION FEE
- DONATION AMT: \$ _____

RACE NUMBER

MAIL TO:

Frosty Run
1212 Hesper Avenue, Metairie, LA 70005
All entry fees are non-refundable

OFFICIAL USE ONLY

LAST NAME	FIRST NAME	MI

STREET ADDRESS / APARTMENT NUMBER

CITY	STATE	ZIP CODE

TELEPHONE NUMBER	DATE OF BIRTH	AGE	SEX M	SEX F	EMAIL ADDRESS:

I know that running a roadrace is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event but not limited to fall, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and other conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing those facts and in consideration of your accepting my entry. I for myself and anyone else entitled to act on my behalf, waive and release "Frosty 2 Mile Run/WalkClub" and all sponsors, their representatives and successors from all claims in liabilities of any kind arising out of my participation in the event. I grant permission to all of the foregoing to use any photographs, motion picture recordings or any other record of this event for any legitimate purpose.

SIGNATURE: _____ Date: _____

SIGNATURE: _____ Date: _____

Signature of Parent or Guardian required if entrant is under 18