

New Orleans Track Club Sneaker Speaker Series

presents

ROB DESTEFANO, D.C.

Dr. Rob will discuss MUSCLE MEDICINE, a revolutionary approach to maintaining, strengthening, and repairing muscles and joints.

New Orleans Athletic Club

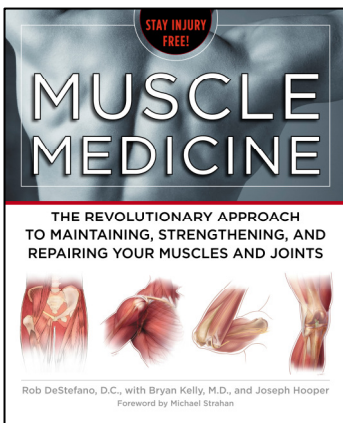
222 N. Rampart Street, New Orleans, LA

Saturday, October 17th

6:30-8:00pm

Seminar is free to all NOTC & NOAC members

\$5.00 for non-members



Rob DeStefano, D.C. is a *New York Times* bestselling author, a sports chiropractor, a national leader in the field of manual muscle therapies, and an avid tri-athlete. His A-list clients have included the New York Giants, John McEnroe, Liam Neeson, and Elisabeth Hasselbeck. His bestselling book, **MUSCLE MEDICINE** (Fireside, September 2009), helps runners and other athletes prevent and relieve common aches and pains naturally, and offers tips on healing faster after surgeries.